

Wednesday, June 4, 2008

8:30–9:00 Registration and Coffee

9:00–9:15 Introduction to the Institute and Overview of Week’s Themes
Karen A. Matthews, Ph.D. & Sheldon Cohen, Ph.D.

9:15–10:15 Socioeconomic Status and Health
Karen A. Matthews, Ph.D.

10:15–11:15 Gender and Health
Vicki S. Helgeson, Ph.D.

11:15–11:30 Break

11:30–12:30 Stress and Risk for Chronic Disease
Sheldon Cohen, Ph.D.

12:30 – 2:30 Introduction of Institute Participants and Buffet Lunch
Carnegie Room, Holiday Inn, 1st fl.

2:30 – 3:30 Measurement of Stress
Thomas W. Kamarck, Ph.D.

3:30 – 3:45 Break

3:45 – 4:45 Social Networks and Support
Sheldon Cohen, Ph.D.

4:45–5:30 Consultation with Today’s Faculty

5:30–6:30 Reception
Bridges Patio, Holiday Inn, 1st fl.

Thursday, June 5, 2008

9:00– 10:00 Personality and Emotions
Michael F. Scheier, Ph.D.

10:00–11:00 Health Beliefs
William M. Klein, Ph.D.

11:00–11:15 Break

11:15–12:15 Ethnicity and Health
Hector F. Myers, Ph.D.

12:15–2:00 Buffet Lunch
Pittsburgh Athletic Association
Oakland Room, 1st fl

2:00–3:00 Coping
Michael F. Scheier, Ph.D.

3:00–3:15 Break

3:15–4:15 Biological Systems Influenced by Psychological Stress: Sleep
Martica Hall, Ph.D.

4:15 – 5:00 Discussion Panel: Managing a Research Team
Ellen Frank, Ph.D., Stephen Manuck, Ph.D., Charles F. Reynolds, III, M.D., Kim Sutton-Tyrrell, Ph.D., & Rebecca C. Thurston, Ph.D. (Chair)

5:00–5:30 Consultation with Today’s Faculty

Friday, June 6, 2008

9:00–10:00 Biological Systems Influenced by Psychological Stress: Cardiovascular
J. Richard Jennings, Ph.D.

10:00–11:00 Biological Systems Influenced by Psychological Stress: Immune Function and Inflammation
Anna L. Marsland, Ph.D., R.N.

11:00–11:15 Break

11:15–12:15 Biological Systems Influenced by Psychological Stress: Brain
Peter J. Gianaros, Ph.D.

12:15–2:00 Buffet Lunch
Carnegie Room, Holiday Inn, 1st fl.

2:00–3:00 Genes and Gene-Environment Interactions in Behavioral Medicine
Stephen B. Manuck, Ph.D.

3:00–3:15 Break

3:15– 4:15 Discussion Panel: Being a Successful Interdisciplinary
Julie Downs, Ph.D., Ann Germain, Ph.D., Rachel Hess, M.D., Kathleen McTigue, M.D., & Rebecca Thurston, Ph.D. (Chair)

4:15 – 5:15 Consultation with Today’s Faculty

6:00 Dinner for all Institute guests and speakers at Lidia’s

Saturday, June 7, 2008

9:00–10:00 Heart Disease
David S. Krantz, Ph.D.

10:00–11:00 Cancers
Dana H. Bovbjerg, Ph.D.

11:00–11:15 Break

11:15–12:15 Aging Bodies, Aging Minds, Aging Societies
Ilene C. Siegler, Ph.D., M.P.H.

12:15 – 1:30 Buffet Lunch
Bridges Patio, Holiday Inn, 1st fl.

All sessions will be in the Schenley IV-VI Rooms of the Holiday Inn unless noted otherwise. Highlighted lectures are open to the public upon registration.



**2008 PMBC
Summer Institute
Pittsburgh, PA**